

## Harrison Twp. 55+ Active Adults March 2023 Schedule REGISTRATION HOTLINE: 856-478-0824

| Sun  | <u> Mon</u> | Tue  | Wed                | Thu   | Fri                     | Sat |
|--|-------------|--|--------------------|---|-------------------------|-----|
| Please note!<br>There could be trip<br>cancellations based on<br>low level of interest |             |  | 1<br>Movie Day GCL | 2<br>Strength<br>Training 4pm<br>Am Legion<br>Post # 452  | 3                       | 4   |
| 5  | 6           | 7<br>Chair Yoga<br>11:00 am<br>Am Legion Post<br>#452                          | 8<br>Senior Social | 9<br>Strength<br>Training 4pm<br>Am Legion<br>Post # 452  | 10                      | 11  |
| 12   | 13          | 14<br>NO YOGA<br>St Patrick's Feast<br>Shore Club                              | 15                 | 16<br>Strength<br>Training 4pm<br>Am Legion<br>Post # 452 | 17<br>St. Patrick's Day | 18  |
| 19   | 20          | 21<br>Chair Yoga 11:00 am<br>Am Legion Post #452<br>Game/Short Story at<br>GCL | 22                 | 23<br>Strength<br>Training 4pm<br>Am Legion<br>Post # 452 | 24                      | 25  |
| 26   | 27          | 28<br>Chair Yoga<br>11:00 am<br>Am Legion<br>Post #452                         | 29                 | 30<br>Strength<br>Training 4pm Am<br>Legion<br>Post # 452 | 31                      |     |

## ACTIVE ADULT 55+ March 2023 SCHEDULE RESERVATION HOTLINE – 856-478-0824

Note: All of these services & activities are available to residents of Harrison Township who are 55 or older. To make reservations call the RESERVATION HOTLINE @ 856-478-0824 and leave a message with (spell your name), address, phone number, and specify the date & event. (Check Only)

Payment must be received to secure your reservation. (All payments are final No refunds)

Senior Chair Yoga on Tuesdays @ 11am March 7th, 21st & 28th (NO YOGA 3/14)
Senior Strength Training Thursday @ 4pm March 2nd, 9th, 16th, 23rd & 30th
Both classes held at American Legion Post # 452

141 N. Main St. Mullica Hill, NJ 08062
Cost is \$4.00 per Class (CHECK ONLY)

March 1st Movie Day at Gloucester Co Library 1:30 pm. Please call the HOTLINE to register 856-478-0824

March 8th: Senior Social: Richwood Fellowship Hall from 11am to 2pm. LUNCH MENU: Ham, macaroni & cheese, stewed tomatoes, salad, roll & butter, dessert. Cost \$6.00 pp (you may brown bag your lunch). Takeout orders must be placed at time of original reservation Reservations must be called in by Friday March 3rd for lunch. Call the Hotline @ 856-478-0824 don't forget your container for leftovers and take outs.

March 14th: The Shore Club St. Patrick Feast: .From Ireland to America at The Shore Club (Doolan's) in Spring Lake, NJ—Traditional Irish show starring Irish Tenor Mike Bryne and the famous Green Derby Band. Entrée choices are: Corn Beef & Cabbage, 1/2 Roasted Chicken, & Herbal Salmon Cost \$ 65.00 pp includes meal & show. Reservation and money due by March 3rd. (Payment must be received to secure your reservation). Bus Departs: Gloucester County Library @ 9:00am. Returning approximately 6:00 pm TIMES MAY CHANGE.

March 21st: Active Adults Game/Short Story at Gloucester Co. Library 1:30 pm. Please call the HOTLINE to register 856-478-0824.

